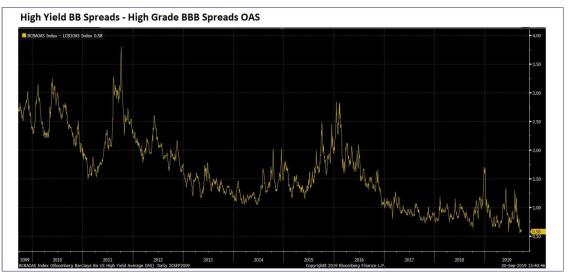
Market Recap

An Unfashionable Rotation in Style



Source: Morgan Stanley, Bloomberg





Source: Bloomberg

HARBOUR CAPITAL ADVISORS

Following a period of strong relative performance, popular style factors such as Momentum and Low Volatility experienced a sharp reversal in recent weeks as investors aggressively shifted portfolios to less expensive areas of the market. While such reversals are difficult to time, the episode is a good reminder that reversion to the mean is alive and well in the markets (even as more and more money shifts to passive management). Nonetheless, in an environment of low interest rates and sluggish economic growth, the Value factor is unlikely to enjoy a sustained rally absent a pickup in the more cyclical areas of the economy. More importantly, investors would do well to remember that what really matters is price relative to intrinsic value, and that labels such as 'low volatility' don't necessarily assure low risk.

Investment Grade and Below Investment Grade (aka High Yield or Junk) are the two main classifications of credit quality within the fixed income markets. While investors are correct to assume High Yield bonds pay more income than Investment Grade, the yield difference between the two can occasionally narrow to extreme levels (likely indicative of a market dislocation). Currently, the difference in yield between the lowest rung of Investment Grade corporate bonds (rated BBB) and the highest level of High Yield corporates (rated BB) is just 60 basis points (0.60%), which is the lowest differential in a decade. Historically, when spread relationships between these two bond categories become unattractive, both markets recalibrate by widening back towards the average spread difference. While both areas of fixed income have been rising in value, investors are not being compensated to go down in quality for BBs as much as they have been previously.

09/20/2019

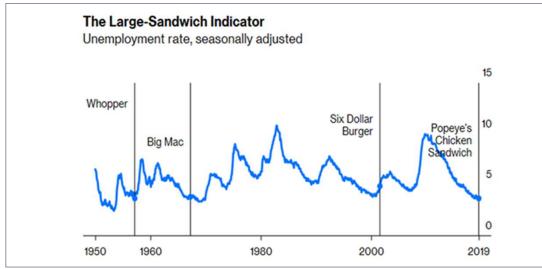
Market Recap

Investing 101: Owners vs. Loaners

Stocks	vs.	Bonds
An equity instrument representing an ownership stake in a company	Meaning	A debt instrument with a promise to pay back the principal amount plus interest
Unlimited	Return Potential	Limited
Price appreciation & dividends	Sources of Return	Interest payments
Relatively high	Level of Risk	Relatively low
Business Risk, Market Risk	Sources of Risk	Interest Rate Risk, Inflation Risk
Participate in company growth	Other	Preferential treatment in event of bankrupcy

Source: Harbour Capital Advisors

The Power of the Premium Sandwich



Source: Bloomberg, Bureau of Labor Statistics

HARBOUR CAPITAL ADVISORS

Though understanding the difference between stocks and bonds is an elementary investment concept, it's never too early or late to build (or dust off) a base of financial knowledge. Stocks can be thought of as an ownership stake in a company, entitling stockholders to an ongoing interest in company profits (e.g. dividend payments). Growth in profits is the most important long-term driver of stock prices. Conversely, bond investments are a form of loaning money to companies. The principal loan amount is paid back over a predetermined timeframe, along with interest (similar to a bank loaning money to a consumer to purchase a home). Because these two instruments have different compositions, their risk and reward profiles are unique. Stocks tend to be riskier and hence, generate higher returns (and losses). Bonds tend to hold up better when times get tough, providing some defense within a portfolio. Stocks and bonds each have their role to play within a portfolio, which is why the intelligent investor will hold both.

America loves to eat out, especially when the economy is strong. With low unemployment rates and rising wages, consumers don't mind spending a few extra dollars dining at nicer sitdown restaurants. During such times, traffic tends to slow within the more value-oriented fast-food industry. In response, they tend to role out premium menu items as a means to discretely raise prices and in turn, boost margins. The latest example of this activity is Popeye's new chicken sandwich. Although historical data is a bit murky, some studies suggest that such premium sandwich releases may serve as a leading indicator of unemployment. To play along with the largesandwich indicator, if unemployment were to unexpectedly rise, we shouldn't be surprised if some spiced up consumers point a finger at Popeve's!

09/20/2019

Contact: If you have any questions or comments, please do not hesitate to contact us at 703.992.6164. For more information about Harbour Capital Advisors, please visit our website at <u>www.harbourcapitaladvisors.com</u>.

Disclosure: Harbour Capital Advisors, LLC ("HCA") is an SEC-registered investment adviser located in McLean, Virginia. HCA and its representatives are in compliance with the current filing requirements imposed upon SEC-registered investment advisers by those states in which HCA maintains clients. HCA may only transact business in those states in which it is registered or qualifies for an exemption or exclusion from registration requirements. A direct communication by HCA with a prospective client shall be conducted by a representative that is either registered or qualifies for an exemption or exclusion from registration in the state where the prospective client resides. For information pertaining to the registration status of HCA, please contact the SEC or the state securities regulators for those states in which HCA maintains a notice filing. A copy of HCA's current written disclosure statement discussing HCA's business operations, services, and fees is available from HCA upon written request. HCA does not make any representations or warranties as to the accuracy, timeliness, suitability, completeness, or relevance of any information prepared by any unaffiliated third party and takes no responsibility therefor. All such information is provided solely for convenience purposes only and all users thereof should be guided accordingly. Past performance may not be indicative of future results. Therefore, there can be no assurance (and no current or prospective client should assume) that future performance of any specific investment or investment strategy (including the investments and/or investment strategies recommended or undertaken by HCA) made reference to directly or indirectly by HCA will (i) be suitable or profitable for a client or prospective client's investment portfolio or (ii) equal the corresponding indicated historical performance level(s). Different types of investments involve varying degrees of risk. Historical performance results for investment indices and/or categories generally do not reflect the deduction of transaction and/or custodial charges, the deduction of an investment management fee, or the impact of taxes, the incurrence of which would have the effect of decreasing historical performance results. The material contained herein is provided for informational purposes only and does not constitute an offer to buy or sell or a solicitation of an offer to buy or sell any option or any other security or other financial instruments. Certain content provided herein may contain a discussion of, and/or provide access to, HCA's (and those of other investment and noninvestment professionals) positions and/or recommendations as of a specific prior date. Due to various factors, including changing market conditions, such discussion may no longer be reflective of current position(s) and/or recommendation(s). Moreover, no client or prospective client should assume that any such discussion serves as the receipt of, or a substitute for, personalized advice from HCA, or from any other investment professional. HCA is neither an attorney nor an accountant, and no portion of the content provided herein should be interpreted as legal, accounting, or tax advice. The tax information contained herein is general in nature and is provided for informational purposes only. HCA does not provide legal, tax, or accounting advice. HCA cannot guarantee that such information is accurate, complete, or timely. Laws of a particular state or laws which may be applicable to a particular situation may have an impact on the applicability, accuracy, or completeness of such information. Federal and state laws and regulations are complex and are subject to change. Changes in such laws and regulations may have a material impact on pre- and/or after-tax investment results. Rankings and/or recognition by unaffiliated rating services and/or publications should not be construed by a client or prospective client as a guarantee that he/she will experience a certain level of results if HCA is engaged, or continues to be engaged, to provide investment advisory services, nor should it be construed as a current or past endorsement of HCA by any of its clients. Rankings published by magazines, and others, generally base their selections exclusively on information prepared and/or submitted by the recognized adviser.